



A Weekly Update
For The Employees of
North Central Health Care



NEWS YOU CAN USE

WEEKLY CONNECTION WITH GARY OLSEN



Thank You Pine Crest Team!

As we approach Thursday, July 31st, I want to take a moment to extend my deepest gratitude to all the employees of Pine Crest. With the transition of ownership from Lincoln County being complete as of August 1st, July 31st will mark these employees' final day with North Central Health Care.

I am truly thankful for the dedication, professionalism, and compassion you have brought to your work every day. Your efforts have made a lasting impact on the organization, the facility, and—most importantly—the residents who have called Pine Crest home.

"You have gone above and beyond to provide high-quality care and support, even in the midst of uncertainty."

Over the past three years, you have shown unwavering commitment as Lincoln County worked through the decision to sell the nursing home. Throughout this journey, you continued to deliver Person-Centered Service—placing the needs, dignity, and well-being of residents at the heart of everything you do. That is no small task, and it speaks volumes about your integrity, resilience, and compassion.

One of North Central Health Care's core values is Partnership, and your team has embodied this value in every way. Your collaboration and teamwork have strengthened our organization and exemplified what it means to be trusted community partners.

As you move forward, please know how much you are appreciated. You will be greatly missed by all of us at North Central Health Care. Thank you for everything you have done—and continue to do—for the people you serve.

Gary D. Olsen
Gary Olsen, Executive Director

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All Crisis Staff

Thank you for always being willing to go above and beyond to help others in need and for maintaining a safe environment during challenging times.

Shared By: Karie Koppa

Occurrence Reporting Hotline

x4488 or 715.848.4488

Only significant or sentinel events requiring immediate notification to this hotline.





**Marathon County
Employees Credit Union**

Stop In and Visit Us To Receive A

Free Gift



**Members and Non-Members Are Encouraged
to Stop In and See Our Branch at Lake View Campus!**

Come See What Sets Us Apart!

Tuesdays and Thursdays 11am - 3pm
By Door 33, Parking Lot F



RETIREMENT News!

WISHING ALICE THE VERY BEST!

This month, we celebrate the retirement of Alice Heglund, Health Information Specialist at Pine Crest, after more than 22 years of dedicated service. Known for her warmth, kindness, and unwavering attention to detail, Alice brought professionalism and heart to everything she did. Whether offering thoughtful advice, lending a listening ear, or greeting everyone with her signature smile, Alice made a lasting impact on both residents and staff. We are deeply grateful for her years of commitment and care, and we wish her a joyful retirement filled with well-deserved time with family and loved ones.

COMMUNITY TREATMENT SPOTLIGHT AWARD JULY 2025



Heather Phelps

NCHC Community Treatment is pleased to announce Heather Phelps as the May Spotlight Award recipient!

Earlier this year, Heather transitioned from her role as a nurse on the Wausau team to a newly created nurse position in Lincoln County Community Treatment—and she hasn't missed a beat. From day one, Heather has stepped in with compassion, commitment, and a strong sense of purpose to meet the needs of consumers in the Merrill area.

Heather brings a deep understanding of mental health and the systems our clients navigate. Her ability to anticipate needs, stay organized, and adapt quickly has already made a meaningful impact. She consistently demonstrates a person-centered approach to care, advocating for her clients and working alongside her teammates to address complex cases with empathy and insight.

Heather's hardworking and independent nature has been a perfect match for the Lincoln County team, and her eagerness to both share her knowledge and learn from others makes her a valued collaborator.

Please join us in congratulating Heather on this well-deserved recognition—and feel free to send her a note of celebration for when she returns!

If you'd like to nominate someone for a future Spotlight Award, please complete the attached nomination form and send it to your manager. All submissions are reviewed monthly by the Leadership Team.



**Congrats
Heather!**



KEEP YOUR BLOOD PRESSURE IN CHECK

WITH TRIA HEALTH



ABOUT TRIA HEALTH

Tria Health is a FREE benefit through your North Central Health Care health insurance where you can chat with a dedicated pharmacist. If you have a chronic condition, like high blood pressure, or take multiple medications, Tria Health's pharmacists are ready to support you in managing your health.

WHY PARTICIPATE?

Active participants will receive:

- Up to \$150 by attending three pharmacist consultations within a 12-month period.
- Participants with diabetes and/or high blood pressure will also have access to a FREE blood pressure cuff, blood glucose meter and testing supplies.

HOW TRIA HEALTH PHARMACISTS CAN HELP



Personalized Medication Management: Our pharmacists will work with you to ensure you are on the most effective medication regimen.



Lifestyle Guidance: Advice on diet, exercise, and lifestyle changes to help manage your blood pressure.



Education and Support: Learn about high blood pressure, its risks, and how to manage it effectively.

triahealth.com/schedule

913-322-8456

Toll-Free: 888-799-8742

Sign up Today!





THE BISTRO

NOW OPEN 7 DAYS A WEEK! | WEEKDAYS 7:30AM - 3PM | WEEKENDS: 9:30AM - 5PM

THE BISTRO WILL BE CLOSED ON WEEKENDS FROM 1-1:30PM TO ACCOMMODATE STAFF BREAKS

*HOT FOOD IS AVAILABLE AT THE BISTRO DAILY UNTIL 2:30PM *



PANINI OF THE WEEK

Chicken Spinach Artichoke

GRILLED CHICKEN | ARTICHOKE SPREAD
SPINACH | PROVOLONE

DESSERT OF THE WEEK Root Beer/Orange Floats



BACK FOR THE SEASON!

Ice Cream

ICE CREAM CONE1.50
ICE CREAM SUNDAE2.25



SHARE SOME LOVE WITH BISTRO BUCKS!





JULY 28 – AUGUST 1, 2025

	MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
MAIN ENTRÉE	Beef Stroganoff Noodles Broccoli	BBQ Ribs Mac & Cheese Glazed Carrots	Beef Liver & Onions Mashed Potatoes Corn	Spaghetti Garlic Toast Green Beans	Country Fried Steak Mashed Potatoes Cabbage
SOUP	Cream of Broccoli Soup	Cream of Potato Soup	Chicken Veggie Soup	Taco Soup	Stuffed Green Pepper Soup
ALT. OPTION	Chef's Choice	Chicken Supreme	BBQ on Bun	Monte Cristo	Tuna Melt
DESSERT	Banana Cream Cheesecake	Ritz Strawberry Dessert	Shirley Temple Poke Cake	Cookies	Strawberry Bavarian Cream

AUGUST 4 – 8, 2025

	MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
MAIN ENTRÉE	Brats Potato Salad Cuke Salad	BBQ Beef Buttered Potatoes Green Beans	Cowboy Stew Cornbread Country Veggies	Salisbury Steak Mashed Potatoes Rutabagas	Battered Cod Baked Potatoes Mixed Veggies
SOUP	Turkey Dumpling	TBD	Baked Potato Soup	TBD	Garden Veggie
ALT. OPTION	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
DESSERT	Cookies	Brownie	Lemon Cake	Fruit Pizza	Strawberry Cake

WHAT'S FOR LUNCH?

**WAUSAU CAMPUS
EMPLOYEE
CAFETERIA**
OPEN TO ALL NCHC
& WAUSAU CAMPUS
EMPLOYEES

MONDAY – FRIDAY

Grab-N-Go 8 am – 6:30 pm

Lunch 10 am – 2 pm
Soup, Salad Bar
& Hot Food Bar

Soup Served until 6:30 pm
or until sold out.

WEEKENDS

**The Employee Cafeteria
is Closed.**

**WEEKDAY SALAD BAR &
HOT FOOD BAR \$.45/OUNCE**

Daily Alt. Menu

**FEATURING DAILY SPECIALS
LIKE GRILLED BEEF & CHEDDAR,
CHEESEBURGERS, BBQ, NACHO
BAR, PIZZA & MORE!!**

Make your own cold or hot sandwich
with fixins' OR self-serve
at the salad bar.

